



GRANDPARENTS-  
How are your grandkids?

On a scale of 1-5

- 1 I'm really worried about them
- 2 They are struggling
- 3 They're doing okay
- 4 They're great
- 5 They trust in Jesus & we have a great relationship



PARENTS-  
How are your kids?

On a scale of 1-5

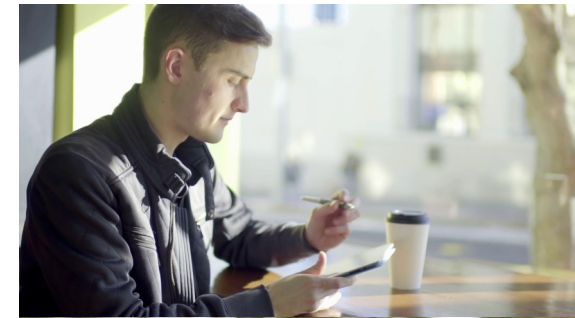
- 1 I'm really worried about them
- 2 They are struggling
- 3 They're doing okay
- 4 They're great
- 5 They trust in Jesus & we have a great relationship

Do you \_\_\_? Check all that apply:

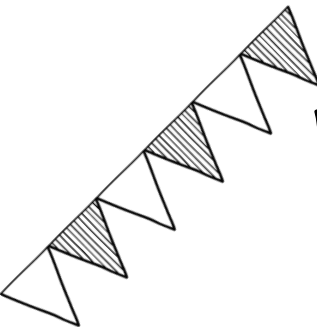
- connect with my grandchildren (a letter, phone call, etc.) at least once per month
- pray or with for my grandchildren weekly
- help my grandchildren inherit a strong spiritual legacy through special gifts or time spent together



# My @HOME Plan to build a strong family



# Home



## My 120 day plan

Identify goals in each relevant category.

**MARRIED:** To strengthen our relationship, I will...

- Plan at least 2 dates per month
- Pray together at least twice weekly
- \_\_\_\_\_
- \_\_\_\_\_

**KIDS@HOME:** To nurture my child's faith, I will...

- Schedule at least 2 family night activities per month
- Pray together at least 5 times per week (including meal time and bedtime)
- \_\_\_\_\_
- \_\_\_\_\_

**GRANDKIDS:** To give a strong heritage, I will...

- Pray for each grandchild by name
- Call or write a note to each grandchild once per month
- \_\_\_\_\_
- \_\_\_\_\_

Other steps toward intentionality:

- \_\_\_\_\_
- \_\_\_\_\_

## SINGLES- What's your plan?

I feel called to remain single for the rest my life to give more time, resources and attention to my ministry.

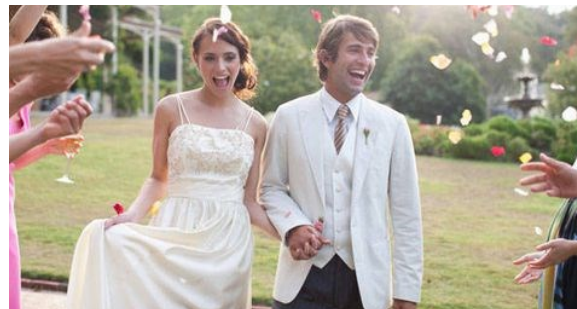
Check one:

- have made this decision
- would like to talk with a pastor about this

List email or phone \_\_\_\_\_

I want to get married or re-married. Do you \_\_\_? Check all that apply:

- pray for and about my future spouse
- keep myself sexually pure, repent of past sexual sin, commit to remain abstinent until married
- take proactive steps toward finding a Godly mate
- practice spiritual and physical disciplines to help me become the best gift possible to the person I marry
- attend bible studies, pre-engagement/pre-marital counseling, or other sessions to learn God's design for marriage



## MARRIEDS- How's your marriage?

On a scale of 1-5

- 1 We're in trouble
- 2 It's been better
- 3 We're doing okay
- 4 We're happy
- 5 Better than ever- we're thriving



Do you \_\_\_? Check all that apply

- have a date night weekly
- plan for non-task-oriented conversation time daily
- pray for and with your spouse daily
- give a "gift" weekly (a note, a flower, an act of service)
- give meaningful touch and verbal affirmation daily